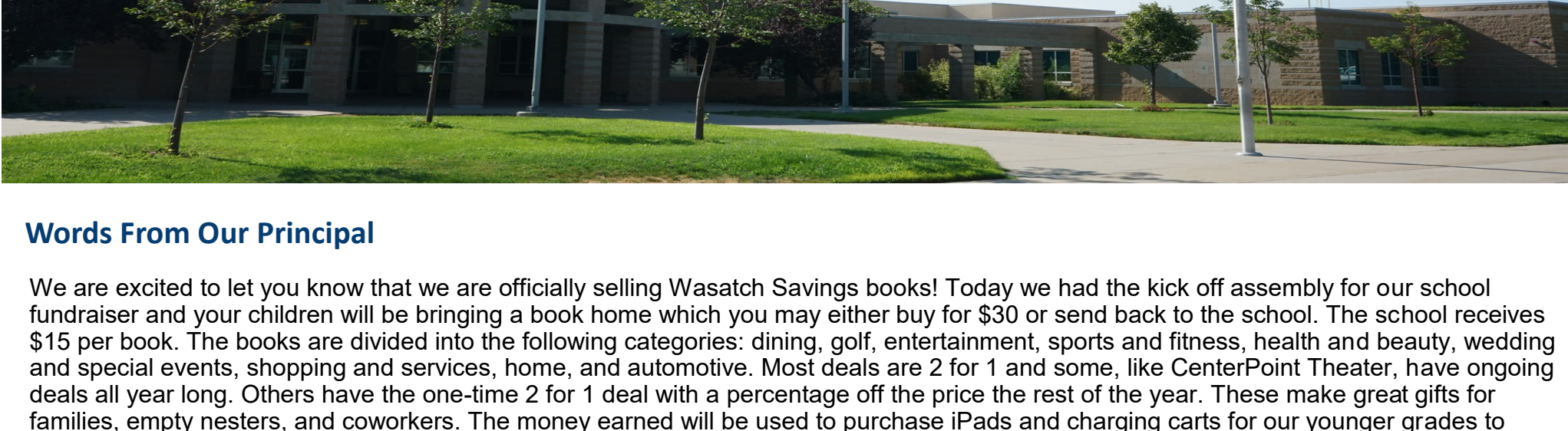


HUSKYGRAM



SEPTEMBER 6, 2019

Words From Our Principal

We are excited to let you know that we are officially selling Wasatch Savings books! Today we had the kick off assembly for our school fundraiser and your children will be bringing a book home which you may either buy for \$30 or send back to the school. The school receives \$15 per book. The books are divided into the following categories: dining, golf, entertainment, sports and fitness, health and beauty, wedding and special events, shopping and services, home, and automotive. Most deals are 2 for 1 and some, like CenterPoint Theater, have ongoing deals all year long. Others have the one-time 2 for 1 deal with a percentage off the price the rest of the year. These make great gifts for families, empty nesters, and coworkers. The money earned will be used to purchase iPads and charging carts for our younger grades to complete our goal of having one device per student. We are continuing to work toward having more blended and personalized learning in our classrooms and purchasing enough devices helps students to access programs and other learning activities during their school day. While technology is an important part of the educational process, it is only one part of the many learning activities your children participate in each day.

This year Davis School District is going through the accreditation process. Please watch this video to learn more about it.

<https://www.davis.k12.ut.us/departments/professional-learning-and-quality-staffing/accreditation/accreditation-video>

Our school will have a team come from AvancED. More information will be shared closer to the date of their visit.
(live link in pdf attachment)

Picture Day is Coming

Order before
Picture Day at: **mylifetouch.com**

Picture Day is:
Monday, September 09, 2019
Heritage Elementary School

- Visit: mylifetouch.com
- Enter your Picture Day ID: UM449181Q0
- Order your perfect package--and don't worry about returning anything on Picture Day!

Lifetouch REWARDS™
Order online and receive exclusive offers from Lifetouch Rewards.

Options are limited from 1:00-1:30. If Make Up Day October 14th

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school CLUBS

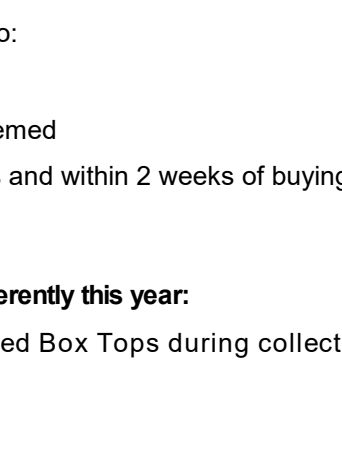
Husky Running Club

We run for the fun of it!!

Beginning September 10th
Mondays after school 3:30-4:00 pm, Thursdays lunch recess
(Meet at the track behind the portables)

"It's free and open to everyone!"

Questions? Contact Lisa VanDyke (801)618-0492



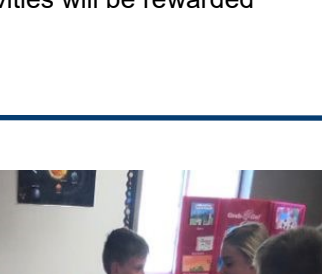
Garden Club

Be a part of the Heritage Garden Club. You'll learn how to care for and grow plants, take part in beautifying the school grounds, and grow some plants of your own! We will meet after school every other Wednesday starting September 11. For more information and to sign up, grab a form in the office!
Sign up deadline is September 10.



Ballroom

The sign up sheets are in the office. Start date is TBA



See attachment for details and permission slip



Box Tops for Education 2019-2020

Why the change from clipping to scanning?

Companies were leaving the Box Tops for Education (BTE) program due to:

- expense of packaging changes to change the Box Tops label date
- long delay between product being sold and having the Box Tops redeemed

With scanning companies no longer have to change their packaging labels and within 2 weeks of buying the product they know how much money to send to BTE.

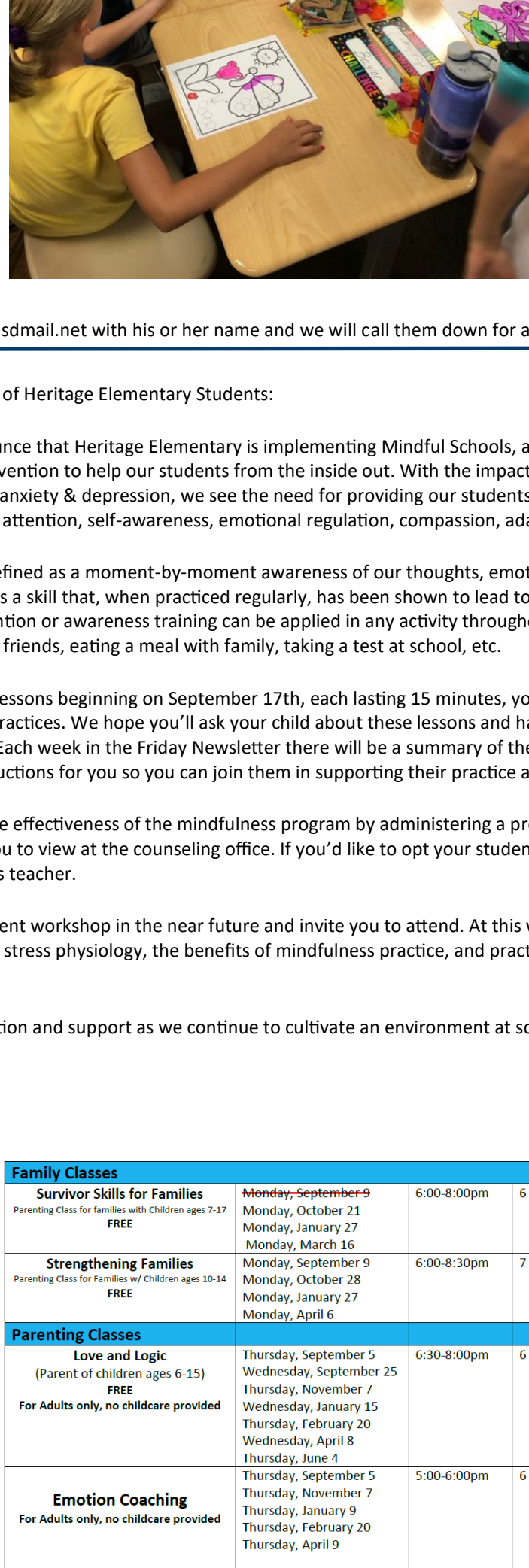
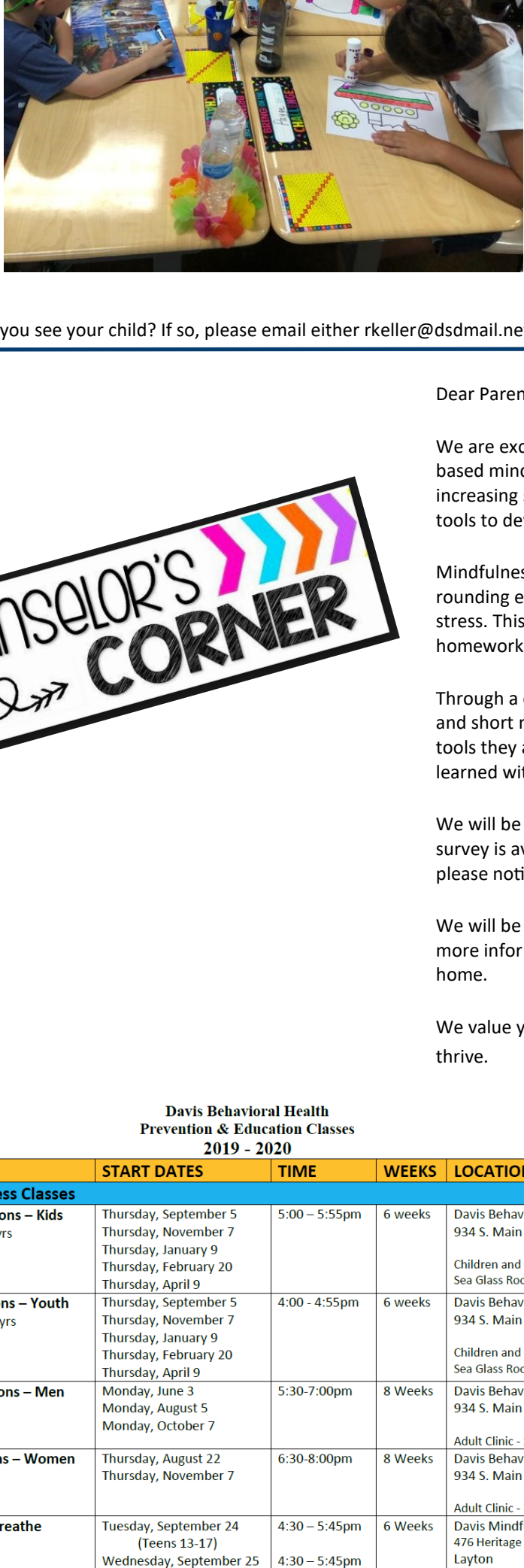
With the different methods of collecting Box Tops, we are doing things differently this year:

- Classroom contests with clipped Box Tops:** Kids bring their clipped Box Tops during collection week and the class with the most will receive a pizza party

"Fall Collection week: October 7-11"
"Spring Collection week: February 3-7"

- School-wide activities:** Both the digital and clipped Box Tops will go toward school wide rewards—see our Box Tops meter in the entryway of the school

"School Meter (pictured): will be updated monthly with money earned
"As goals are reached, school-wide activities will be rewarded



Do you see your child? If so, please email either rkleier@dmsdml.net or mdaly@dmsdml.net with his or her name and we will call them down for a small treat or prize.

Dear Parents/Guardians of Heritage Elementary Students:

We are excited to announce that Heritage Elementary is implementing Mindful Schools, a well-researched, school-based mindfulness intervention to help our students from the inside out. With the impact of stress on our students, increasing symptoms of anxiety & depression, we see the need for providing our students and school community with tools to develop greater attention, self-awareness, emotional regulation, compassion, adaptability, and resilience.

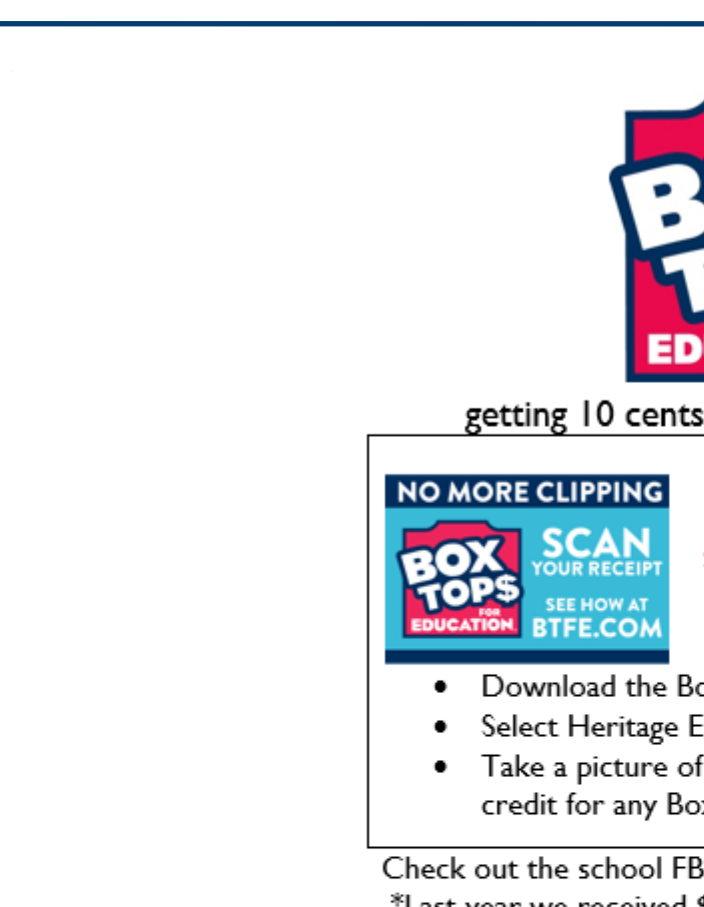
Mindfulness, which is defined as a moment-by-moment awareness of our thoughts, emotions, sensations, and surrounding environment, is a skill that, when practiced regularly, has been shown to lead to a greater ability to handle stress. This form of attention or awareness training can be applied in any activity throughout the day—working on homework, playing with friends, eating a meal with family, taking a test at school, etc.

Through a course of 16 lessons beginning on September 17th, each lasting 15 minutes, your child will be taught simple and short mindfulness practices. We hope you'll ask your child about these lessons and have them demonstrate the tools they are learning. Each week in the Friday Newsletter there will be a summary of the mindfulness lesson they have learned with some instructions for you so you can join them in supporting their practice at home.

We will be evaluating the effectiveness of the mindfulness program by administering a pre/post survey. A copy of the survey is available for you to view at the counseling office. If you'd like to opt your student out of taking the survey please notify your child's teacher.

We will be holding a parent workshop in the near future and invite you to attend. At this workshop, we will be providing more information about stress physiology, the benefits of mindfulness practice, and practical applications you can use at home.

We value your participation and support as we continue to cultivate an environment at school where students can thrive.



CLASS	START DATES	TIME	WEEKS	LOCATION
Emotional Wellness Classes				
Managing Emotions – Kids 6yrs – 11yrs FREE	Thursday, September 5 Thursday, November 7 Thursday, January 9 Thursday, February 20 Thursday, April 9	5:00 – 5:55pm	6 weeks	Davis Behavioral Health 934 S. Main St. Layton Children and Youth Clinic See clinic room
Managing Emotions – Youth 12yrs – 17yrs FREE	Thursday, September 5 Thursday, November 7 Thursday, January 9 Thursday, February 20 Thursday, April 9	4:00 – 4:55pm	6 weeks	Davis Behavioral Health 934 S. Main St. Layton Children and Youth Clinic See clinic room
Managing Emotions – Men 18yrs – 25yrs \$80	Monday, June 3 Monday, August 5 Monday, October 7	5:30 – 7:00pm	8 weeks	Davis Behavioral Health 934 S. Main St. Layton Adult Clinic - Opened Room See clinic room
Managing Emotions – Women 18yrs – 25yrs FREE	Thursday, August 22 Thursday, November 7	6:30-8:00pm	8 weeks	Davis Behavioral Health 934 S. Main St. Layton Adult Clinic - Opened Room See clinic room
Learning to Breathe \$50	Tuesday, September 24 (Teens 13-17) Wednesday, September 25 (Young Adults 18-21)	4:30 – 5:45pm	6 weeks	Davis Mathnasium Center 416 Heritage Park Blvd. #120 Layton
Mindfulness Based Stress Reduction Registration required \$250	Wednesday, September 18 (Men Only class) Monday, September 23 Tuesday, October 22	6:30 – 9:00PM 9:30 – 9:00PM 6:30 – 9:00PM	8 weeks	Davis Mindfulness Center 416 Heritage Park Blvd. #120 Layton

CLASS	START DATES	TIME	WEEKS	LOCATION
Emotion Coaching For Adults only, no childcare provided	Thursday, September 5 Thursday, November 7 Thursday, January 9 Thursday, February 20 Thursday, April 9	7:00-8:00pm	6 weeks	Burton Elementary Fagle Bay Elementary Elison Park Elementary South Weber Elementary Tollman Elementary
Incredible Years (Parents of children ages 2-8) FREE	Tuesday, September 17 Wednesday, September 18 Wednesday, January 8 Tuesday, February 4	6:30-8:30pm 9:30 – 11:30am	12 weeks	Endeavour Elementary Lakeside Elementary Meadowbrook Elementary Family Enrichment Center
Relationship Classes				
Fearless Marriage FREE	Thursday, September 19 Thursday, November 7 Thursday, January 9 Thursday, February 6 Thursday, March 5 Thursday, April 9 Thursday, May 7	6:00 – 8:00 Dinner served at 5:30	4 Weeks	Dowey Elementary Heritage Elementary Kayville Elementary Knowlton Elementary Lincoln Elementary Orchard Elementary Windridge Elementary
Avoiding Falling for a Jerk / Jerkette FREE		6:00 – 8:00pm	4 Weeks	Davis Behavioral Health 934 S. Main St. Layton Board Room
Couple - LINKS FREE		5:30 - 8:00pm	4 Weeks	Davis Behavioral Health 934 S. Main St. Layton Board Room



2019-2020 Box Tops for Education

Heritage Huskies!

The New Digital Program is Here!

We have the chance to "double dip,"

getting 10 cents from the clipped box top & 10 cents from the scanned receipt!

NO MORE CLIPPING

BOX TOPS FOR EDUCATION

SCAN YOUR RECEIPT
SEE HOW AT BTE.COM

- Download the Box Tops app
- Select Heritage Elementary (Layton, UT)
- Take a picture of **all** your receipts to get credit for any Box Tops items

See this
SCAN your receipt

BOX TOPS FOR EDUCATION

CLIP IT

We are still clipping!

- Continue to clip the pink Box Tops
- do not cut or tear off the date

Check out the school FB & IG page for information about classroom competitions & school goals & rewards.

*Last year we received \$3,358.20 from Box Tops! That money went toward field trips, field day, prizes, and other activities sponsored by the PTA.

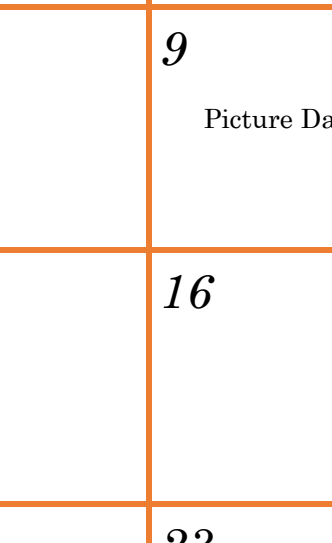
**Thanks to all who are using the Box Tops app--after only 20 days we have earned \$70.40!

**Continue to clip and save your paper Box Tops for our first classroom contest that will occur in October. More information coming next week!



You can order this on myDSD now!

\$15

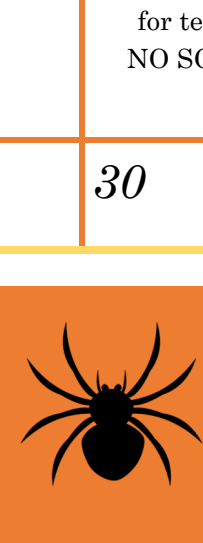


We will no longer take requests from callers to call down students in advance to be checked out.

Please allow extra time here in the office for us to find your student once you arrive. They could be anywhere

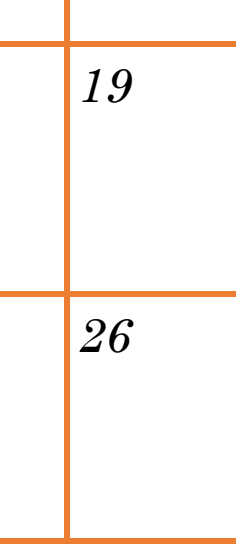
Please discuss with your children before school where they will be going after school or any meeting places.

The number of parents calling at the end of each day for messages to be passed along has become unmanageable and we'd hate to not get a message to your student in time.



September 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 NO SCHOOL	3	4	5	6 Wasatch Savings Fundraiser Opens	7
8	9 Picture Day	10	11	12	13 PTA Heritage Hike Fundraiser	14
15	16	17	18 PTA Board Meeting 11:30 Community Council Mtg 4:00	19	20 Wasatch Savings Fundraiser Ends	21
22	23 Prof. Learning Day for teachers NO SCHOOL	24	25	26	27 PTA BDay Table	28
29	30					



October 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7 PTA Mathnasium Night 6-8	8 Boo to the Flu 3:30-7:00	9	10 Boo to the Flu 3:30-7:00	11 5th Grade Maturation 11:15	12
13	14 Picture Retakes	15 Vision Screening	16 PTA Board Meeting 11:30 Community Council Mtg 4:00	17 FALL BREAK NO SCHOOL	18 FALL BREAK NO SCHOOL	19
20	21	22	23	24	25	26
27	28	29	30	31 End of Term EARLY OUT		

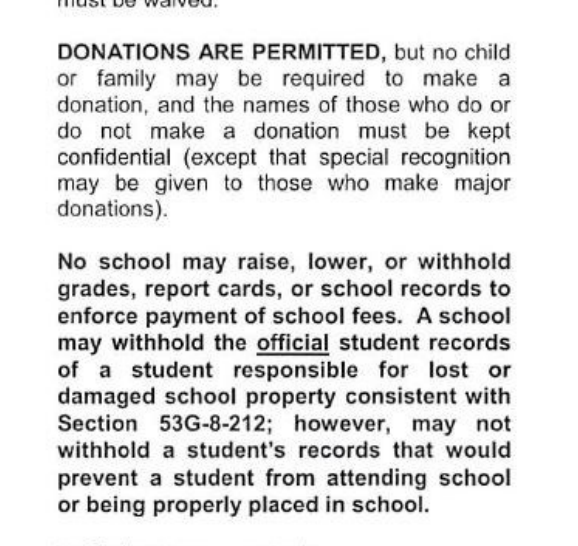
Stuff the Bus

September 7th, 10 am – 1 pm

KIA | **Young** 308 North Main Street
Layton, UT 84041
801-444-2277 • youngkia.com

Free Family Event

- List of Items to bring:
- Preschool/Daycare - Cereals
 - Scissors for Preschoolers - Glue Sticks
 - Markers - Pencils - Backpacks - Paper
 - Supplies, Coloring, Construction
 - Art Supplies - Matching Games/cards - Blocks - Legos - Puzzles



Giant Slide • Face Painters • Dunk Tank • Pizza*
COME DUNK A PRINCIPAL!
Bring in a package of school supplies and get a book, stuffed animal, or bookmark!

KIA | **Young** 308 North Main Street
Layton, UT 84041
801-444-2277 • youngkia.com

*While supplies last.

SPECIAL NOTICE FOR PARENTS OF CHILDREN IN GRADES K-6

PARENTS

SCHOOL FEES ARE NOT PERMITTED DURING THE REGULAR SCHOOL DAY IN GRADES K-6. FEES MAY BE CHARGED TO STUDENTS IN SIXTH GRADE ONLY IF A STUDENT ATTENDS A SCHOOL THAT INCLUDES GRADES 7-12. You may not be charged for classroom snacks, newspapers, textbooks, field trips, art supplies, assemblies, musical instruments, or anything else that is part of the regular school day.

YOUR CHILD MAY BE ASKED to bring common household articles to school, but your child cannot be penalized for failure to bring the articles.

SCHOOL FEES MAY ONLY BE CHARGED FOR ACTIVITIES WHICH TAKE PLACE BEFORE OR AFTER SCHOOL OR DURING SCHOOL VACATIONS. If those types of fees are charged, you receive TANF (currently qualified for financial assistance or food stamps), or if your child is eligible based on income verification, receives (SSI) Supplemental Security Income (QUALIFIED CHILD WITH DISABILITIES), or is in the custody of a Utah State or local governmental agency or foster care, your child is eligible for fee waivers (meaning that you will not be required to pay the fee).

If you are required to apply for fee waivers by your school district or charter school, you will be asked, consistent with local board policies and/or guidelines and school timelines, to provide documentation of your fee waiver eligibility.

Your child may also be eligible for serious financial difficulties due to circumstances beyond your control, even though other eligibility requirements are not met. If your child is eligible for fee waivers, ALL fees

must be waived.

DONATIONS ARE PERMITTED, but no child or family may be required to make a donation, and the names of those who do or do not make a donation must be kept confidential (except that special recognition may be given to those who make major donations).

No school may raise, lower, or withhold grades, report cards, or school records to enforce payment of school fees. A school may withhold the official student records of a student responsible for lost or damaged school property consistent with Section 53G-8-212; however, may not withhold a student's records that would prevent a student from attending school or being properly placed in school.

To find more, contact:

Your school at: 801 402 1200
Your district at: 801 402 5255

or the following:

Utah State Board of Education
250 East 500 South
P.O. Box 144200
Salt Lake City, Utah 84114-4200
801-538-7830

USBE 41513